

New England Track Field Championships  
May 9-10, 2025

Friday Event	Time	Location	Saturday Event	Time	Location
Javelin Men	11:00am	Track Infield	110m Hurdles Men's DEC	10:00am	Track
110m Hurdles Men's DEC	12:00pm	Track	Discus Men's DEC	10:40am	Track
Hammer Throw Women	12:00pm	Throws Area	Shot Put Men	11:00am	Throws
Pole Vault Men	12:00pm	Track	High Jump Women	11:00am	Track
100m Hurdles Women's HEP	12:20pm	Track	High Jump Men	11:00am	Track
Long Jump Men's DEC	12:40pm	Track	4x100 Women	11:15am	Track
High Jump Women's HEP	1:00pm	Track	4x100 Men	11:20am	Track
Javelin Women	1:30pm	Track Infield	Triple Jump Women	11:30am	Track
Shot Put Men's DEC	1:50pm	Track Infield	Discus Women	11:30am	Throws
Long Jump Men	2:00pm	Track	1500m Women	11:35am	Track
100m Hurdles Women	2:00pm	Track	Long Jump Hep Women	12:15pm	Track
110m Hurdles Men	2:20pm	Track	Pole Vault Men's DEC	11:55am	Track
Shot Put Women's HEP	2:30pm	Track Infield	1500m Men	11:55am	Track
400m Women	2:40pm	Track	100m Hurdles Women	12:20pm	Track
Hammer Throw Men	2:45pm	Throws Area	110m Hurdles Men	12:25pm	Track
400m Men	2:50pm	Track	400m Women	12:35pm	Track
High Jump Men's DEC	2:55pm	Track	400m Men	12:40pm	Track
100m Women	3:05pm	Track	100m Women	12:45pm	Track
100m Men	3:15pm	Track	100m Men	12:50pm	Track
400m Hurdles Women	3:30pm	Track	800m Women	12:55pm	Track
400m Hurdles Men	3:45pm	Track	800m Men	1:10pm	Track
Pole Vault Women	3:45pm	Track	Javelin Women HEP	1:25pm	Track
200m Women's HEP	4:00pm	Track	400m Hurdles Women	1:25pm	Track
200m Women	4:05pm	Track	400m Hurdles Men	1:35pm	Track
200m Men	4:15pm	Track	Triple Jump Men	1:45pm	Throws
Long Jump Women	4:15pm	Track	Discus Men	1:45pm	Throw
400m Men's DEC	4:25pm	Track	Shot Put Women	1:45pm	Throws
5000m Women	4:30pm	Track	200m Women	1:45pm	Track
5000m Men	4:55pm	Track	200m Men	1:50pm	Track
10000m Women	5:15pm	Track	Steeplechase Women	1:55pm	Track
10000m Men	6:00pm	Track	Shot Put Women	1:45pm	Throws
			Steeplechase Men	2:25pm	Track
			Men's Javelin DEC	2:25pm	Track
			800m Women HEP	2:50pm	Track
			4x800m Women	3:00pm	Track
			4x800m Men	3:15pm	Track
			4x400 Women	3:25pm	Track
			4x400 Men	3:35pm	Track
			1500 Men's DEC	3:50pm	Track

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100m Men's Dec	12:00pm	Track	110m Hurdles Men's Dec	10:00am	Track
100m Hurdles Women's Hep	12:20pm	Track	4x100 Women	11:15am	Track
100m Hurdles Women	2:00pm	Track	4x100 Men	11:20am	Track
110m Hurdles Men	2:20pm	Track	1500m Women	11:35am	Track
400m Women	2:40pm	Track	1500m Men	11:55am	Track
400m Men	2:50pm	Track	100m Hurdles Women	12:20pm	Track
100m Women	3:05pm	Track	110m Hurdles Men	12:25pm	Track
100m Men	3:15pm	Track	400m Women	12:35pm	Track
400m Hurdles Women	3:30pm	Track	400m Men	12:40pm	Track
400m Hurdles Men	3:45pm	Track	100m Women	12:45pm	Track
200m Women	4:05pm	Track	100m Men	12:50pm	Track
200m Men	4:15pm	Track	800m Women	12:55pm	Track
400m Men's Dec	4:25pm	Track	800m Men	1:10pm	Track
5000m Women	4:30pm	Track	400m Hurdles Women	1:25pm	Track
5000m Men	4:55pm	Track	400m Hurdles Men	1:35pm	Track
10000m Women	5:15pm	Track	200m Women	1:45pm	Track
10000m Men	6:00pm	Track	200m Men	1:50pm	Track
			Steeplechase Women	1:55pm	Track
			Steeplechase Men	2:25pm	Track
			800m Women Hep	2:50pm	Track
			4x800m Women	3:00pm	Track
			4x800m Men	3:15pm	Track
			4x400 Women	3:25pm	Track
			4x400 Men	3:35pm	Track
			1500 Men's Dec	3:50pm	Track

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Javelin Men	11:00am	Track Infield	Shot Put Men	11:00am	Throws
Hammer Throw Women	12:00pm	Throws Area	High Jump Women	11:00am	Track
Pole Vault Men	12:00pm	Track	High Jump Men	11:00am	Track
Javelin Throw Women	1:30pm	Track Infield	Triple Jump Women	11:30am	Track
Long Jump Men	2:00pm	Track	Discus Women	11:30am	Throws
Hammer Throw Men	2:45pm	Throws Area	Shot Put Women	1:45pm	Throws
Pole Vault Women	3:45pm	Track	Triple Jump Men	1:45pm	Track
Pole Vault Women	3:45pm	Track	Discus Men	1:45pm	Throws
Long Jump Women	4:15pm	Track			
Men's Decathlon			Men's Decathlon		
100m Men's Dec	12:00pm	Track	110m Hurdles Men's Dec	10:00am	Track
Long Jump Men's Dec	12:40pm	Track	Discus Men's Dec	10:40am	Track
Shot Put Men's Dec	1:50pm	Track Infield	Pole Vault Men's Dec	11:55am	Track
High Jump Men's Dec	2:55pm	Track	Men's Javelin Dec	2:25pm	Track Infield
400m Men's Dec	4:25pm	Track	1500 Men's Dec	3:50pm	Track
Women's Heptahlon			Women's Heptahlon		
100m Hurdles Women's Hep	12:20pm	Track	Long Jump Women's Dec	12:15pm	Track
High Jump Women's Hep	1:00pm	Track	Javelin Women's Dec	1:25pm	Track Infield
Shot Put Women's Hep	2:30pm	Track Infield	800m Women's Dec	2:50pm	Track
200m Women's Hep	4:00pm	Track			