

NEICAAA 2019 Outdoor Time Schedule

Event	Gender	Time	Format	Event	Gender	Time	Format
<b>Friday • Multi • Women</b>				<b>Saturday • Multi • Men</b>			
Heptathlon-100m Hurdles	Women	12:00 pm	Finals	Decathlon-110m Hurdles	Men	10:00 am	Finals
Heptathlon-HJ	Women		Five Alive	Decathlon-Discus	Men		3 Throws
Heptathlon-SP	Women		3 Throws	Decathlon-PV	Men		Five Alive
Heptathlon-200m	Women		Finals	Decathlon-Javelin	Men		3 Throws
<b>Friday • Multi • Men</b>				Decathlon-1500m	Men		Finals
Decathlon-100m	Men	12:15 pm	Finals	<b>Saturday • Multi • Women</b>			
Decathlon-LJ	Men		3 Jumps	Heptathlon-LJ	Women	10:00 am	3 Jumps
Decathlon-SP	Men		3 Throws	Heptathlon-Javelin	Women		3 Throws
Decathlon-HJ	Men		Five Alive	Heptathlon-800m	Women		Finals
Decathlon-400m	Men		Finals	<b>Saturday • Field • Women</b>			
<b>Friday • Field • Men</b>				Shot Put	Women	12:00 pm	Top 9 Finals
Pole Vault	Men	2:00 pm	Five Alive	Triple Jump	Women	2:30 pm	Top 9 Finals
Hammer Throw	Men	3:00 pm	Top 9 Finals	Discus	Women	2:30 pm	Top 9 Finals
Long Jump	Men	4:00 pm	Top 9 Finals	<b>Saturday • Field • Men</b>			
Javelin	Men	5:30 pm	Top 9 Finals	Discus	Men	12:00 pm	Top 9 Finals
<b>Friday • Field • Women</b>				Triple Jump	Men	12:00 pm	Top 9 Finals
Javelin	Women	3:00 pm	Top 9 Finals	High Jump	Men	1:15 pm	Five Alive
High Jump	Women	5:30 pm	Five Alive	Shot Put	Men	2:30 pm	Top 9 Finals
Hammer Throw	Women	5:30 pm	Top 9 Finals	<b>Saturday • Track •</b>			
Pole Vault	Women	5:45 pm	Five Alive	Steeplechase-Unseeded	Men	12:00 pm	Finals
Long Jump	Women	6:00 pm	Top 9 Finals	Steeplechase-Unseeded	Women	12:15 pm	Finals
<b>Friday • Track •</b>				4x100 Relay-Sections	Men	12:30 pm	Finals
110m Hurdles	Men	4:00 pm	Heats	4x100 Relay-Sections	Women	12:45 pm	Finals
100m Hurdles	Women	4:15 pm	Heats	1500m-Sections	Men	1:05 pm	Finals
400 Meters	Men	4:30 pm	Heats	1500m-Sections	Women	1:20 pm	Finals
400 Meters	Women	4:55 pm	Heats	110m Hurdles	Men	1:40 pm	Finals
100m Dash	Men	5:15 pm	Heats	100m Hurdles	Women	1:50 pm	Finals
100m Dash	Women	5:30 pm	Heats	400m Dash	Men	2:00 pm	Finals
400m Hurdles	Men	5:50 pm	Heats	400m Dash	Women	2:05 pm	Finals
400m Hurdles	Women	6:10 pm	Heats	100m Dash	Men	2:10 pm	Finals
200m Dash	Men	6:30 pm	Heats	100m Dash	Women	2:15 pm	Finals
200m Dash	Women	6:45 pm	Heats	800m-Sections	Men	2:20 pm	Finals
5000m Sections	Men	7:00 pm	Finals	800m-Sections	Women	2:35 pm	Finals
5000m Sections	Women	7:35 pm	Finals	400m Hurdles	Men	2:50 pm	Finals
10000m Run	Men	8:15 pm	Finals	400m Hurdles	Women	3:00 pm	Finals
10000m Run	Women	8:55 pm	Finals	200m Dash	Men	3:10 pm	Finals
				200m Dash	Women	3:15 pm	Finals
				Steeplechase-Seeded	Men	3:30 pm	Finals
				Steeplechase-Seeded	Women	3:45 pm	Finals
				4x800m Relay-Sections	Men	4:00 pm	Finals
				4x800m Relay-Sections	Women	4:15 pm	Finals
				4x400m Relay-Section	Men	4:30 pm	Finals
				4x400m Relay-Section	Women	4:45 pm	Finals